

Tarbiyyat Session

SELF REFORMATION

31/12/2016

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AREAS OF DISCUSSION

∞ *Salat*

∞ *Parda*

∞ Innovations in Islam

∞ Christmas

∞ Valentines day

∞ Birthday

∞ Facebook

Salat – 2nd Pillar of Islam

﴿ إِنَّ الصَّلَاةَ تَنْهَى عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ ﴾

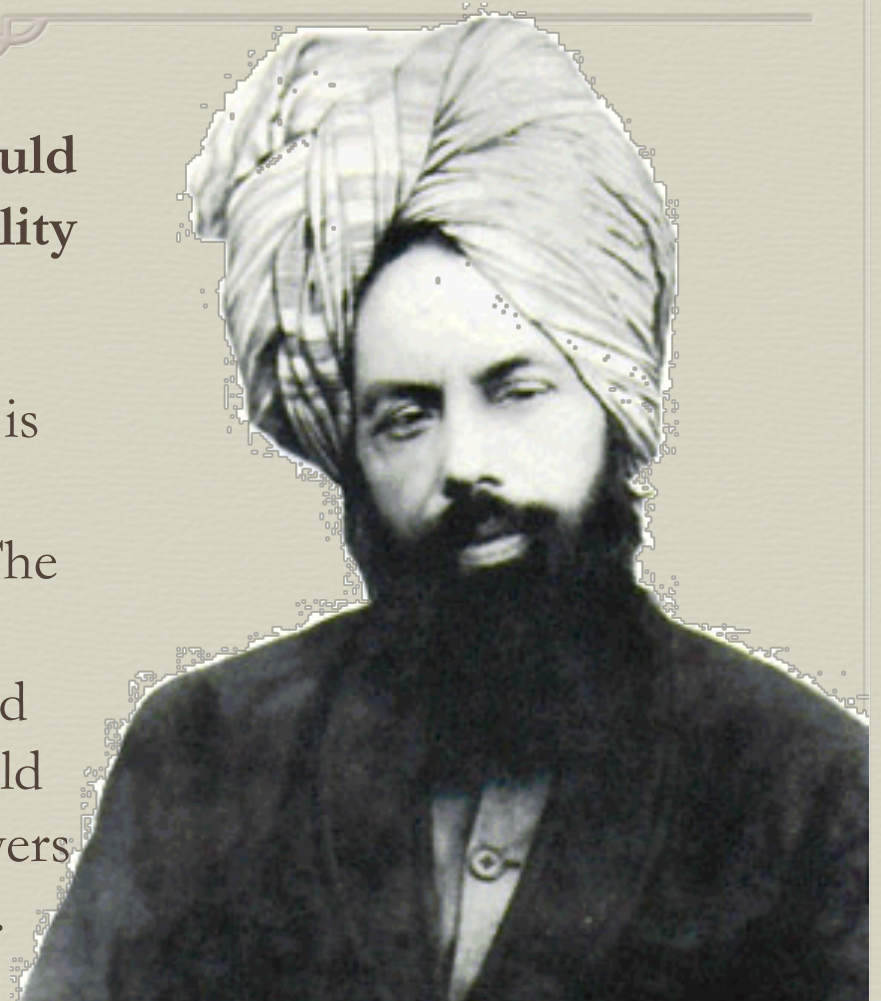
And observe Prayer. Surely Prayer restrains one from indecency and manifest evil. (29:46)

- ﴿ Salat should be offered regularly, in congregation (for males) and on time. The Holy Prophet^{saw} has said that offering prayers in congregation increases the reward 27 fold.
- ﴿ Second condition of Bai'at: "That he/she shall regularly offer the five daily prayers in accordance with the commandments of God and the Holy Prophet^{saw}."



❧ Promised Messiah^{as} said, “**One should offer five prayers with such humility as if you see God.**”

❧ The Promised Messiah^{as} says that it is prayer that brings about Divine protection for the one who prays. The one who offers prayer with full attention thinks that he has died, and his soul has ascended at the threshold of Divine. A house where such prayers are offered shall never be destroyed.



SALAT DISCIPLINE & MODEST DRESSING

- ❧ Develop respect for prayers by dressing modestly.
- ❧ Avoid wearing capris which reveal the shins and ankles, short sleeve shirts, transparent/net *dupattas* which show the hair and tend to slip off the head and see-through clothing which reveal body parts.
- ❧ In your meetings, practice covering your head completely with your scarf/ *duppata* so that it fully covers the hair and remains secure during the prayers.
- ❧ Come to prayer with modest clothing so that your arms and legs are fully covered.



Parda and Modesty – not for women only

☞ “Say to the believing men that they restrain their eyes and guard their private parts. That is purer for them. Surely, Allah is well aware of what they do. And say to the believing women that they restrain their eyes and guard their private parts, and that they disclose not their natural and artificial beauty except that which is apparent thereof and that they draw their head-coverings over their bosoms.”(24:31-32)

قُلْ لِلْمُؤْمِنِينَ يَغُضُّوا مِنْ أَبْصَارِهِمْ
وَيَحْفَظُوا فُرُوجَهُمْ ۗ ذَٰلِكَ أَزْكَىٰ لَهُمْ ۗ
إِنَّ اللَّهَ خَبِيرٌ بِمَا يَصْنَعُونَ ﴿٣١﴾
وَقُلْ لِلْمُؤْمِنَاتِ يَغْضُضْنَ مِنْ أَبْصَارِهِنَّ
وَيَحْفَظْنَ فُرُوجَهُنَّ وَلَا يُبْدِينَ
زِينَتَهُنَّ إِلَّا مَا ظَهَرَ مِنْهَا وَلْيَضْرِبْنَ
بِخُمُرِهِنَّ عَلَىٰ جُيُوبِهِنَّ ۗ وَلَا يُبْدِينَ

Parda at workplaces & Educational Institutes

If she is permitted to work while wearing a long coat and a scarf on her head, then she may accept the employment, otherwise she is not permitted to work there.

(Friday Sermon 30th January 2014)



Guidelines for Minimum Islamic *Parda*

- ☞ The scarf should cover the hair
- ☞ And be close under the chin neatly secured (cover necklines)
- ☞ Cover arms
- ☞ Together with a loose outer garment (at least knee length coats)

(Friday Sermon 23rd August 2008)





- ❧ Only adopt those fashions that are well within the bounds of modesty
- ❧ After initiating *Bai'at* at the hands of Imam of the age, we are not ordinary women
- ❧ We must always remember that we have a special identity
- ❧ Every Ahmadi Lady is a role model and sets an example for every Ahmadi girl
- ❧ When one Ahmadi lady discards *parda*, it affects many others negatively

HIGHLIGHT ON SOME DRESS CODES



These days, upon following the latest trends and fashion, some girls wear tights with blouses, which cannot be considered as a form of a righteous or modest dress code. In a meeting, Hadhrat Khalifatul Masih V^{aba} said that even if an immodest dress is being worn inside the house, it needs to be checked. Huzur^{aba} stated that there is a difference between wearing *chooridaar* pyjamas and wearing tights of the latest fashion. The shape of the legs cannot be seen in *chooridaar* pyjamas, while that is not the case in these tights. A full shape of the legs, starting from the ankles, can be seen in these tights.



Hadhrat Khalifatul Masih V^{aba} tells us to “lessen the trend of excessive fashion in *burqas* (coats). In every meeting, tell an Ahmadi girl about her status. I don’t ask for big tasks, but enough for them to pay attention to these matters. Being regular in *Salat*, the observance of *parda*, proper training of children and avoiding a blind trend in following fashion are the things that need to be assessed.”



SEGREGATION for our own good

- ❧ Not an outcome of male superiority or imposing restrictions on females
- ❧ Way to protect honour of women in society
- ❧ Women observing *parda* and modest dressing are treated respectful way by men and less likely to be exploited
- ❧ Gives women more freedom and enables them to be more expressive



Parda changes behaviour



Your walk should be so dignified that no one dare to look at you lustfully. When you are in *Parda*, and in proper *Parda*, and you are also dignified in your manners, no one would dare cast a lustful glance at you.

(Friday Sermon 30th January 2004)



INNOVATIONS IN ISLAM

- ❧ The Holy Prophet^{saw} said: “Whoso imitated another people (leaving the way and tradition of his own community and people) will be considered one of them.” (Abu Dawud)
- ❧ 6th condition of *Bai'at*: That he/she shall refrain from following un-Islamic customs and lustful inclinations and shall completely submit himself/herself to the authority of the Holy Qur'an; and that he/she shall make the word of God and the saying of The Holy Prophet Muhammad^{saw} his/her guiding principles in every walk of his/her life.

ششتم یہ کہ اتباع رسم اور متابعت ہو او ہوس سے باز آجائے گا اور
قرآن شریف کی حکومت کو بگلی اپنے سر پر قبول کرے گا اور قَالَ اللّٰه
اور قَالَ الرَّسُوْلُ کو اپنے ہر ایک راہ میں دستوار العمل قرار دے گا۔

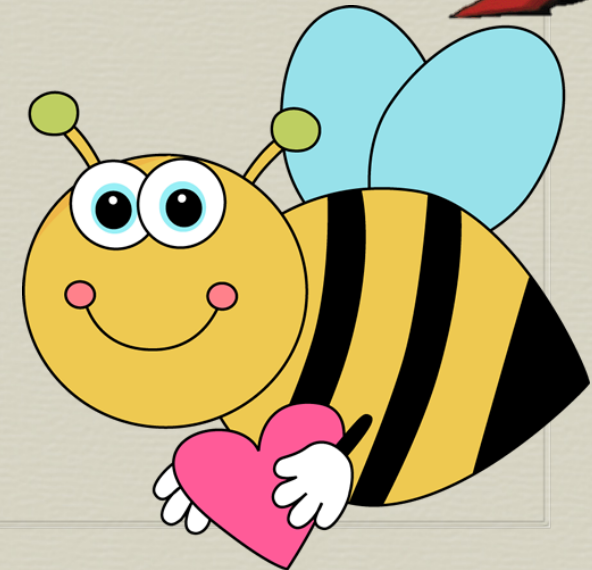
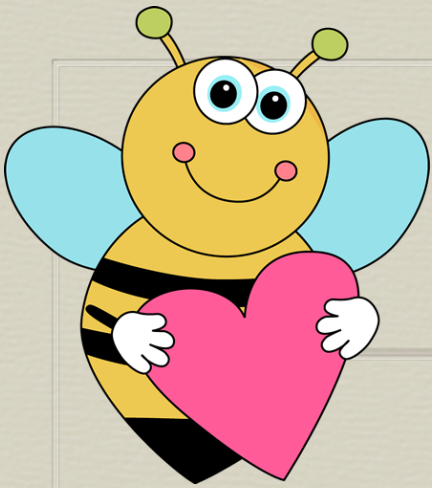
CHRISTMAS

- ❧ We have all the regard for Jesus Christ but we do not celebrate Christmas
- ❧ Muslims celebrate Islamic days
- ❧ Not narrow mindedness. We can send gifts to Christian friends, share a cake, no harm in eating turkey
- ❧ Cannot celebrate it as a religious day because our religion is Islam not Christianity
- ❧ NO CHRISTMAS TREES, NO GIFTS FROM SANTA



VALENTINES DAY

∞ History: links with PreChristian times – later Pope in Rome declared it a Christian feast – historians feel its a Christian festival merged with pagan festival



BIRTHDAYS

- ☞ Ahmadis, do not celebrate birthdays in the same fashion as they are celebrated in Western society.
- ☞ A birthday is seen as the decrease of the life span by a year, thus a cause for prayer rather than a celebration.

Happy
Birthday

BIRTHDAYS

- ❧ Huzur says we should celebrate birthdays as follows:
 - ❧ Offer 2 Nawafil at time of Tahajjud and thank Allah for adding another year in your life
 - ❧ Pray for your life to come that Allah enable you to continue doing righteous deeds and that you are able to do things that please Him and you become a true Ahmadi Muslim
 - ❧ Give money to charity to thank Allah for the life He has given



Things we should avoid

- ☞ Get a cake and have happy birthday written on it and candles on it which you blow out
- ☞ Invite your friends and feed everyone cake
- ☞ Receive gifts from them



JOINING NON-AHMADI FRIENDS

- ❧ If your friend of another religion invites you, you can go and you can bring a present for them
- ❧ But tell her how we celebrate birthdays: by praying and thanking Allah, by looking after poor. Instead of feeding cake ourselves, we feed it to the poor



FACEBOOK

- ☞ Huzur wishes that we refrain from the use of Facebook, that is better for us
- ☞ Use of Facebook can destroy our life and privacy, so be aware of it





Al-Mawana

07:24 GMT



Hadhrat Khalifatul Masih V^{aba}
addressed Lajna at the occasion of
recent Waqf-e-Nau Ijtema:

“As you go about your daily lives,
you should not look at which
direction the world is moving in
and you should not have any
complex about the country or
culture you are living in. Nor
should you be unduly influenced
by the latest trends or fashions.
Rather, you must pay attention to
what your responsibilities are.”





Thank
you